

## What I Hadn't Noticed!

Just recently I have been noticing things I had not noticed before. Things like a store near me that I thought was newly opened but in fact had been there for years, street signs that I had never observed before but have always been there and people I have known for years suddenly seeming to age overnight.

This got me to thinking about how many things we all do not notice in our life, as I am sure that this 'phenomenon' is not affecting only me.

Have you ever been standing waiting for an elevator after hitting the button and then notice people walking up to the button and pressing it again? Don't you find that amusing (unless you are one of 'those' people). I wonder if this is because they just haven't noticed you hanging around the elevator or seen the button already illuminated.

Last week, I was at my local subway stop early on a Sunday morning before the subway opened. The entrance area was filled with about 35-40 people standing there waiting because the doors were still locked. All of a sudden this woman appearing out of nowhere pushed past everyone and went to open the doors. Of course she found them locked but I wondered... "What did she think we were all doing standing there in front of the doors"? I suspect that she didn't even notice any of us.

How many things are you not noticing? And more importantly how is this impacting your life and the lives of those around you?

Is there a relationship in your life that you haven't paid enough attention to for some time and have in fact been taking someone for granted? Maybe if you took notice and started to take action the relationship would be revitalized.

Are there things going on at work that you haven't stopped to take notice of, such as your level of commitment to your job having faltered and you are the only one that hasn't clued in. Has your boss or coworkers been trying to give you subtle hints about something yet you still remain in the dark because you haven't noticed?

Is something going on with your health, but because you haven't taken notice whatever it is has become more pronounced and potentially serious. Realizing what is happening and taking action may impact not only your energy, but other areas of your life.

Yes I can hear the naysayers saying "I am too busy to notice". Hmmm, that may be true but I suspect that sometimes we don't notice on purpose, that way we can claim innocence when there is a repercussion to us not having noticed in the first place. We are all busy people so this excuse doesn't hold water.

What if you took some time to consider what is going on in different aspects of your life such as finances, relationships with family and friends, your physical environment (home, office, car etc), career, personal growth. I wonder what revelations you might have in what you had not noticed!

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